

YOU ARE INVITED

BUILDING RESILIENCE CASE STUDIES ON STUDENT INTERVENTIONS & PSYCHOLOGICAL INSIGHTS

The University of Pittsburgh School of Law will host an inaugural conference on the law student experience and examine how we can promote mental health, well-being, and resiliency in students using psychologically based interventions. The objective of the conference is to convene a group of legal scholars and psychology researchers to discuss the ways in which we can craft inclusive learning conditions and to provide a grounding in psychology literature and research.

MAY 16-17, 2024

1-6 P.M. | 8 A.M.-1:15 P.M.

**University of Pittsburgh School of Law
Barco Law Building, Room 419
3900 Forbes Avenue
Pittsburgh, PA 15260**

PA CLE pending approval

REGISTER NOW



The Fostering Resilience and Engagement Project was created to answer the long-standing call to change legal education—to improve the system to better accommodate students and help them maintain balance. Through the Project, we aim to improve student outcomes by using an approach that highlights the students' experiences and implements targeted, tailored, and well-timed psychological interventions that emphasize their voices and concerns.

We seek to improve students' experiences by creating healthier, more sustainable mindsets to approach both law school and their future careers. We hope to change the highly competitive, stressful culture that law school is known for by humanizing legal education through a robust collaboration between researchers and practitioners.

KEYNOTE SPEAKER

Shannon Brady
Assistant Professor of
Psychology
Wake Forest University

Shannon Brady is an assistant professor in the Department of Psychology at Wake Forest University and a Research Fellow with the College Transition Collaborative. Her extensive research examines how people make meaning of their experiences and the consequences of that meaning-making for well-being, relationships, and achievement.

In particular, Shannon focuses on how institutional practices and messages—especially in education—can contribute to, or mitigate, inequality. She is one of the leading experts on students' psychological experiences of academic probation. Prior to graduate school, she was an elementary and middle school teacher on the Oglala Lakota Reservation in South Dakota.



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BUILDING RESILIENCE: CASE STUDIES ON STUDENT INTERVENTIONS & PSYCHOLOGICAL INSIGHTS

CONFERENCE AGENDA

THURSDAY, MAY 16

NOON- 1 P.M. | WELCOME RECEPTION

Join us for lunch. We invite all attendees to visit our informational poster session.

1-2 P.M. | OPENING REMARKS

Ann Sinsheimer, JD, PhD

Andrele Brutus St. Val, JD, LLM

University of Pittsburgh School of Law

Omid Fotuhi, PhD

LRDC, University of Pittsburgh

Fostering Resilience and Engagement in Law Students

Ben Bratman, JD

University of Pittsburgh School of Law

Olwyn Conway, JD

Moritz College of Law

Failure is Always an Option: Building Resilience Among Law Students through Improv

2-2:15 P.M. | BREAK

2:15-3:15 P.M. | KEYNOTE

Shannon Brady, PhD

Wake Forest University

3:30-4:30 P.M. | RESILIENCE AND PSYCHOLOGY PANEL

Nicole Appleberry, JD

University of Michigan Law School

Building Law Student Resilience Through Dialogue

Mary Nicole Bowman, JD

Sandra Day O'Connor School of Law, Arizona State University

Resilience: Overcoming Emotional Barriers to Learning

4:30-5:30 P.M. | PROJECT SHOWCASE: RESILIENCE AND BELONGING

Dr. Nancy Winfrey, PhD

Wake Forest University School of Law

Equipping Faculty to Integrate Character: A Workshop on Teaching Resilience

Brenda Gibson, JD

Wake Forest University School of Law

The Importance of Community in Addressing Trauma and Building Resilience

Anne Mullins, JD

Kelley Thompson, JD

Stetson University College of Law

The Stetson Inns: Fostering Professional Identity Formation through Relationship-Rich Education

5:30-6:30 P.M. | RECEPTION

We invite everyone to join us for hors d'oeuvres and mingle with fellow participants

FRIDAY, MAY 17

9-9:30 A.M. | BREAKFAST

Please join us for a complimentary breakfast and coffee/tea in the main lobby.

9:30-10 A.M. | KEYNOTE

Victor Quintanilla, JD, PhD

Indiana University

Can Coupling Psychological and Structural Interventions Promote Access to the Legal Profession?

10-10:30 A.M.

Kevin Binning, PhD

University of Pittsburgh

Creating Space for Conversations About Belonging

10:30-10:45 A.M. | BREAK

10:45-11:45 A.M. | MINDFULNESS PANEL

Lynn Su, JD

New York Law School

Mindfulness: A Tool to Promote Resilience and Well-Being for Law Students

Allie Linsenmeyer, MEd

University of Pittsburgh School of Law

Law School and the Imposter Phenomenon

11:45-NOON | BREAK

NOON-1 P.M. | SHOWCASE: CURRICULAR & CLASSROOM INTERVENTIONS

Susan Tanner, JD, PhD

University of Louisville Brandeis School of Law

Jessica Findley, JD, PhD

University of Arizona James E. Rogers College of Law

Equipping Faculty to Integrate Character: A Workshop on Teaching Resilience

Natalie Netzel, JD

Mitchell Hamline School of Law

Teaching Resilience to Clinic Students

Patricia Winograd, JD

Loyola Marymount University Law School

Building Resilience & Well-Being in Law School:

Individual & Community Resilience Work

Through a Narrative Framework

1-2:15 P.M. | WORKING LUNCH

Sheila Confer, EdD

Haley Hayden, MA, EdD

University of Pittsburgh, Greensburg

Marcy Yonkey, MFA

Susan Graff, MS

University of Pittsburgh, School of Health & Rehabilitation Sciences

Navigating Mental Health Together

2:15-2:30 P.M. | CLOSING REMARKS

2:30-3:30 P.M. | ROUNDTABLE DISCUSSION

All attendees are invited to attend our informal roundtable discussion of the posters, talks, and projects.



University of
Pittsburgh

School of Law

BUILDING RESILIENCE

CASE STUDIES ON LAW STUDENT INTERVENTIONS & PSYCHOLOGICAL INSIGHTS

MAY

1-5 P.M.

16

MAY

8:30 A.M. - 1:30 P.M.

17

Barco Law Building
Room 419
3900 Forbes Avenue
Pittsburgh, PA 15260

Join us for as we explore the law student experience and examine how we can promote mental health, well-being and resilience in students using psychologically based interventions.

This spring, we will convene a group of legal scholars and psychology researchers to discuss the ways in which we can craft inclusive learning conditions and to provide a grounding in psychology literature and research.

About the Fostering Resilience
and Engagement

PROJECT



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